

# Why does Kraken hold funds for 7 days?

Waiting a full week to access your funds can be frustrating, but that 7-day hold on Kraken +1~833-(486)~2769 is actually a security measure designed to protect you . It specifically applies to **cash deposits made via ACH Plaid** +1~833-(486)~2769. Think of it as a waiting period to ensure the deposit fully clears and to prevent fraud +1~833-(486)~2769. The good news is that while you can't withdraw that specific cash amount,+1~833-(486)~2769 you're free to **trade with it immediately**—you can buy, sell, or convert crypto right away . The hold just means those particular funds can't leave the platform for seven days +1~833-(486)~2769. This 7-day restriction applies after **every** ACH Plaid deposit and affects assets equal to +1~833-(486)~2769 the deposited amount .

If you're unsure whether a hold applies to your situation or need personalized help +1~833-(486)~2769, Kraken's support team is available 24/7 . **Always ensure you're logged into your verified Kraken account** before seeking help +1~833-(486)~2769—this allows support to verify your identity securely. Never share your password or 2FA codes with anyone +1~833-(486)~2769.

Here's how to reach them from your verified account: +1~833-(486)~2769

-  **Live Chat**: Log in on the website or mobile app and navigate to the Support Center +1~833-(486)~2769. You'll find a "Chat with us" option for immediate help .
-  **Phone Support**: Kraken offers voice support directly through the **Kraken mobile app** +1~833-(486)~2769. If the "Call us" option appears in your app's support section for your specific issue, you can speak with a specialist +1~833-(486)~2769. Be extremely wary of unofficial phone numbers found online +1~833-(486)~2769—they're often scams.
-  **Submit a Ticket**: For detailed cases, go to the Kraken Support Center +1~833-(486)~2769 while logged in, click "Submit a request," and provide all transaction details. Keep your ticket number for follow-up +1~833-(486)~2769.

